

# **It's Coming!**


## **Walk for Mental Wellness**

**Saturday,  
May 1, 2010**

**Hurkamp Park  
Downtown Fredericksburg**

**9:00am Registration**

**10:00am Walk begins**



Walk t-shirts are chosen from designs created by patients during art therapy groups. Each year's design is a unique work of art, designed specifically for this event and available only through MHAF.

**Mental Health America of Fredericksburg**

**[www.mhafred.org](http://www.mhafred.org)**

**540-371-2704**