

Please add, update, or remove your information!

The Community Connections Directory is a valuable resource, not only to agencies, but to all members of the community. Please use the format below and provide us with your information. Mental Health agencies should contact the Mental Health America of Fredericksburg (MHAF) at 540-371-2704 for inclusion in this directory. Please return this sheet to MHAF, 2217 Princess Anne Street Suite 219-1, Fredericksburg, VA 22401, email to mhafred@mhafred.org or fax to 540-372-3709.

- Update a current listing
- Add a new listing
- Remove a listing
- Add a new program
- Add a new location
- Other (please specify)

Name _____

Address _____

Phone _____

Fax _____

Email _____

Website _____

Service Area _____

Hours _____

Ages _____

Eligibility _____

Fees _____

Purpose _____

Services _____

Languages spoken _____

Please check each area in which your organization/program provides services. Check only those that apply.

- Abuse/Neglect Protective Services
- Adoption and Foster Care
- Community Centers/Ministries
- Community Planning & Development
- Consumer Services
- Counseling Services
- Court and Administration of Justice
- Crisis Intervention
- Day Care and Sitting
- Education
- Employment Services
- Environmental Services
- Family Planning
- Financial Assistance
- Health and Home Care
- Housing
- Information and Referral
- Legal Aid
- Libraries/Museums
- Medical Care/Mental Health
- Mentors
- Recreation, Social Development Services
- Rehabilitation
- Senior Services
- Substance Abuse
- Support Groups
- Transportation
- Youth Services
- Other

These are the agencies currently included in the 2009 edition of the Community Connections Directory.

NAME: Family Preservation Services, Inc.

ADDRESS: 109 Olde Greenwich Drive, Suite 101
Fredericksburg, Virginia 22408

PHONE: (540) 710-5810

FAX: (540) 710-0203

E-MAIL: N/A

WEBSITE: N/A

SERVICE AREA: City of Fredericksburg,
Caroline, Culpeper, Fauquier, King George,
Spotsylvania, and Stafford Counties.

HOURS: Office hours: 8:00am-5:00pm,
Monday-Friday; Staff available 24 hours a day.

AGES: All

ELIGIBILITY: Referrals come through local
Family Assessment and Planning Teams and
Court Services Unit.

FEES: Paid by FAPT/CPMT – Fees based on
service.

PURPOSE: To help prevent out of home
placement and reunite families.

SERVICES: Intensive in-home counseling; case
management; mentoring services, mental health
support, supervised visitation, therapeutic day
treatments (school based), Autism services,
adolescent sex offender program, teen
substance abuse program.

**NAME: Fredericksburg Counseling
Services**

ADDRESS: 305 Hanson Street, Suite 140
Fredericksburg, Virginia 22401

PHONE: (540) 373-2320

FAX: (540) 373-2320 (call first)

E-MAIL: FCSAgency@aol.com

WEBSITE: N/A

SERVICE AREA: City of Fredericksburg,
Caroline, King George, Spotsylvania, Stafford,
Eastern Orange and Westmoreland Counties.

HOURS: 9:00am-7:00pm, Monday and
Wednesday; 1:00pm-9:00pm, Tuesday and
Thursday. Closed Friday

AGES: 6 and older

ELIGIBILITY: No insurance; 200% or below
national poverty level; not part of court case.

FEES: No charge

PURPOSE: Provides counseling and other
related services to help people work toward
freedom from mental and emotional problems,
family and marital conflicts, as well as other
situations that affect quality of life.

SERVICES: Counseling; support groups;
depression and anxiety screening; education;
training, mental health screening, information
and referral. Produces INFO (Information
Needed For Others) monthly that lists support
groups in the region.

**NAME: El Lucero – A Bilingual Life
Skills Center**

Address: 106 Cambridge Street, Suite 105
Fredericksburg, VA 22405

PHONE: (540) 372-7211

FAX: (540) 372-7223

E-MAIL: ellucero@comcast.net

WEBSITE: <http://ellucero1.com>

SERVICE AREA: Culpeper, Fredericksburg,
Spotsylvania, Stafford, Warrenton and
surrounding areas

HOURS: 10:00AM – 6:00PM, Monday - Friday

AGES: All.

FEES: Varies based on service provided

PURPOSE: Life skills education in Spanish and
English

SERVICES: anger management; stress
management; driver improvement courses;
notary public; translation of documents; basic
financial (budget set-up); life
coaching/mentoring; substance use/abuse
education; alcohol and drug testing

NAME: Crossing Therapy Center, PLLC

ADDRESS: 1976 Williams St Westwood Village
Fredericksburg, VA 22401

PHONE: (540) 899-3009

FAX: (540) 899-8090

E-MAIL: crossingtcadmin@msn.com

WEBSITE: www.crossingtc.com

SERVICE AREA: City of Fredericksburg, Caroline,
King George, Spotsylvania and Stafford Counties

HOURS: Evening Therapy Center, Monday –
Friday 5:30pm – 9:30pm for intake
assessments, group and individual counseling

ELIGIBILITY: Adults struggling with substance
abuse issues and/or mental health diagnosis

FEES: Various payment options available.

Please call for more information

PURPOSE: Crossing Therapy Center is a private
group of therapists who are dedicated to providing
comprehensive outpatient services to individuals and
families in the Fredericksburg area and surrounding
counties. A comprehensive evaluation is used to
begin the therapeutic relationship and to begin the
individualized treatment planning process for each
and every client.

SERVICES: Adult substance abuse treatment
program covers group, individual, and family
therapy, 12 Step Program, and relapse
prevention and education.

NAME: RACSB – clinics and programs