



2217 Princess Anne Street, Suite 219-1  
Fredericksburg, VA 22401  
(540) 371-2704 or toll free 800-684-MHAF  
FAX: 540-372-3709  
mhafred@mhafred.org  
www.mhafred.org

### Officers 2011

- President           Dennis Ahearn  
                          Attorney
- Vice President     Pat Holland  
                          Senior Services Coordinator  
                          Rappahannock Area Agency on Aging
- Secretary           Ernest Ackermann  
                          Professor of Computer Science  
                          University of Mary Washington
- Treasurer           Walter Bouchard  
                          Bouchard & Associates

### Board of Directors

- Albert Darlington  
Director, Skills Development  
Rappahannock Goodwill Industries
- Sonya Love  
Employment Resources, Inc  
The Gladys H. Oberle School
- Rae Moriarty  
Owner  
Hartwood Photography
- Judith Minoff  
Owner  
Judith Minoff Design LLC
- Caroline Parr  
Deputy Director  
Central Rappahannock Regional Library
- Cheryle Hodges  
Teacher  
Spotsylvania County Schools
- Frank Valentine  
Site Director  
National Counseling Group

### Staff

**Executive Director**

Lynn DelaMer  
mhafdir@mhafred.org

**Program Assistant**

Mary Therese Kelly  
mhafpa@mhafred.org

**Community Education Manager**

Larry Towne

**Senior Program**

Teresa Bowers  
mhafsv@mhafred.org

Laurie Black  
mhafaa@mhafred.org